

OSBORNES FLAT PRIMARY SCHOOL POLICY DOCUMENT SNOW SPORTS PROGRAM

This policy approved by School Council – November 2015

STAFF

- 1. One teacher is to be responsible for the coordination of the overall snow sports program. ie: buses, times, costs.
- 2. Our program requirement is staff in the ratio of 1:10 or part thereof. The official ratio is 1:10 downhill and cross country ski excursions are day visits and are to be conducted in the Falls Creek Ski Village boundaries. Parent volunteers are expected to travel with the group and stay there for the entire time.
- 3. In addition to teachers employed by the Department of Education or School Council, excursion staff may include other adults on a volunteer or paid worker basis. All School Council approved excursion staff may be included in the staff student ratio.
- 4. Experience: Staff and parents are to be capable of supervising skiers with a good knowledge of the ski area or to have a pocket map.
- 5. <u>Instruction:</u> Alpine snow sports school to provide two hour lesson for downhill skiing and snowboarding.

Cross Country skiers to be tutored by an experienced skier.

7. Expenses: The Staff and volunteers are to incur no expense related to their role as staff in this program.

STAFF DUTIES

Downhill and Cross Country

- 1. Ensure children have the correct gear, before leaving school.
- 2. Observe closely all safety regulations as laid down in this policy and in the Department of Education's guide-lines for skiing.
- 3. The decision either to go, or not to go, skiing on each day will be made by O.I.C.
- 4. Phone intentions and pupil numbers to ticket office at Bogong Ski Centre.
- 5. If the weather turns foul after arrival at Falls Creek then Downhill skiers are to ski in the village bowl area.

SPECIFIC DUTIES OF STAFF

- 1. Staff of each group to supervise the head and tail of each group.
- 2. Assist slower children.
- 3. Be constantly aware of group number.
- 4. Be aware of, and be ready to implement emergency procedures.
- 5. Staff to be with the group at all times (Falls Creek Snow Sports School's instructors are considered as being staff members during their lesson).
- 6. Staff have authority to terminate any dangerous aspect of any lesson.
- 7. All staff to have read the Snow Sports Program Policy
- 8. All staff to carry Medical Consent Forms and charged mobile phone.

STUDENTS

Children with no skiing experience are to begin with a lesson from a qualified ski instructor.

Skiing is a School Council and Department of Education approved curriculum activity and it is expected that all children from grades five and six will participate.

ALL STUDENTS:

- 1. Are expected to ensure they have the correct equipment as set out on the list. Failure to do so will mean they will be unable to participate in the ski program.
- 2. Are to receive pre-session instruction regarding safety and emergency procedures.
- 3. Are to undergo pre-session exercises.

SKI / BOARD HIRE

All persons involved in the program are permitted to use their own gear, or make their own hiring arrangements. However, no provision will be made, during the excursion, to go to different hiring venues other than the ones listed below:

Down Hill

Kiewa Valley Ski Hire, Mt. Beauty.

Oct 2017

SAFETY AND EMERGENCY PROCEDURES

GENERAL SAFETY POINTS

- 1. All children MUST carry:
 - a whistle
 - emergency instruction procedures
 - sunscreen (15+) and lipeze
 - snack-foods such as Mars Bar, sultanas, chocolate and drink.
- 2. All children to use the "Buddy System". At the start of each day the staff will organise the children into ski pairs. The children to raise the alarm if their partner goes missing.
- 3. Cross Country staff to carry First-Aid materials.
- 4. All staff to carry charged mobile phones.

CHILDREN

Downhill Skiers / Snowboarders

- 1. When separated from their group will report to nearest tow operator (at the bottom of that run). They are to tell the operator to telephone the ski-school and tell them where they are. They are to remain there.
- 2. If lost, i.e. can't see any tows, they are to remain stationary out of wind, cross their skis and stick them vertically in the snow. Blow whistle or yell for assistance.
- 3. Keep warm.

Cross Country Skiers:

- 1. Seek help from the Ski Patrol if they pass.
- 2. Stop any passing skiers and ask for assistance. Ask that person to locate their group or another group from the school, or report to Ski Patrol via Windy Corner. The student is to remain where they are.
- 3. If lost, remain stationary out of wind. Cross their skis and stick their skis vertically in snow. Blow whistle or yell for assistance.
- 4. Keep sheltered and warm.

DOWN HILL STAFF

Lost Child:

- 1. If a child is lost, one staff to stay with the group while the instructor does a preliminary search.
- 2. If the child is not found, decide in conjunction with instructor, the course of action to be taken. **DO NOT** jeopardise the safety of the group.
- 3. If the child still can't be found then ask the tow operator to advise the Ski School and Ski Patrol of the loss.

Injured Child or Staff Member:

- 1. Staff member remains with injured person until medical assistance arrives.
- 2. Group returns to nearest day shelter, until correct staffing ratio is maintained.
- 3. Medical assistance is sought immediately
- 4. For an injured staff member, two responsible children will be left to care for the injured person.

WHITE OUT

DOWNHILL:

- 1. Keep each group close together and ski to a safer area.
- ***Above procedures are only guidelines for help. Some circumstances may require alternative measures

SKIING PROGRAM - OSBORNES FLAT PRIMARY SCHOOL

EQUIPMENT CHECKLIST: **IT IS ESSENTIAL THAT THIS IS CHECKED EACH WEEK WITH THE HELP OF A PARENT

LIST A:

All children need to be suitably dressed and the following clothing is considered to be a minimum requirement:

- 1. WARM TRACKSUIT PANTS OR SKI PANTS (Ski suit with hood for Downhill)
- 2. OVERPANTS (if not wearing ski pants)
- 3. SHIRT: Long sleeved flannelette shirt or similar (Layers are good for cross country skiers)
- 4. JUMPER Woollen or Polar Fleece
- 5. SOCKS: Warm woollen or "Explorer" socks
- 6. PARKA: Cross country windproof, waterproof jacket with a hood. Downhill padded parka with a hood if not wearing ski suit.
- 7. HAT: Warm woollen beanie hat. Caps may be brought as well, but a BEANIE is ESSENTIAL.
- 8. SNOW GOGGLES: preferred for Alpine. Suitable <u>Sunglasses for Cross Country</u>) goggles NOT suitable for Cross Country)
- 9. GLOVES
- 10. WHISTLE

LIST B: the following items should be carried in a school bag and will be left on the bus.

- SPARE CLOTHES: eg tracksuit, socks and underclothes to change into if your ski clothing becomes wet.
- 2. PLASTIC BAG: to put wet clothing in.
- 3. ALPINE SKIERS CUT LUNCH
- 4. Water

The following items need to be carried in a back pack/bum-bag by all skiers at all times:

- 1. **GLOVES**: one spare pair
- 2. COLD DRINK please make sure bottle does seal
- 3. **NIBBLES** eg chocolate, nuts, dried fruit
- 4. SUNBURN CREAM & LIP-EZE
- 5. WHISTLE
- 6. CUT LUNCH